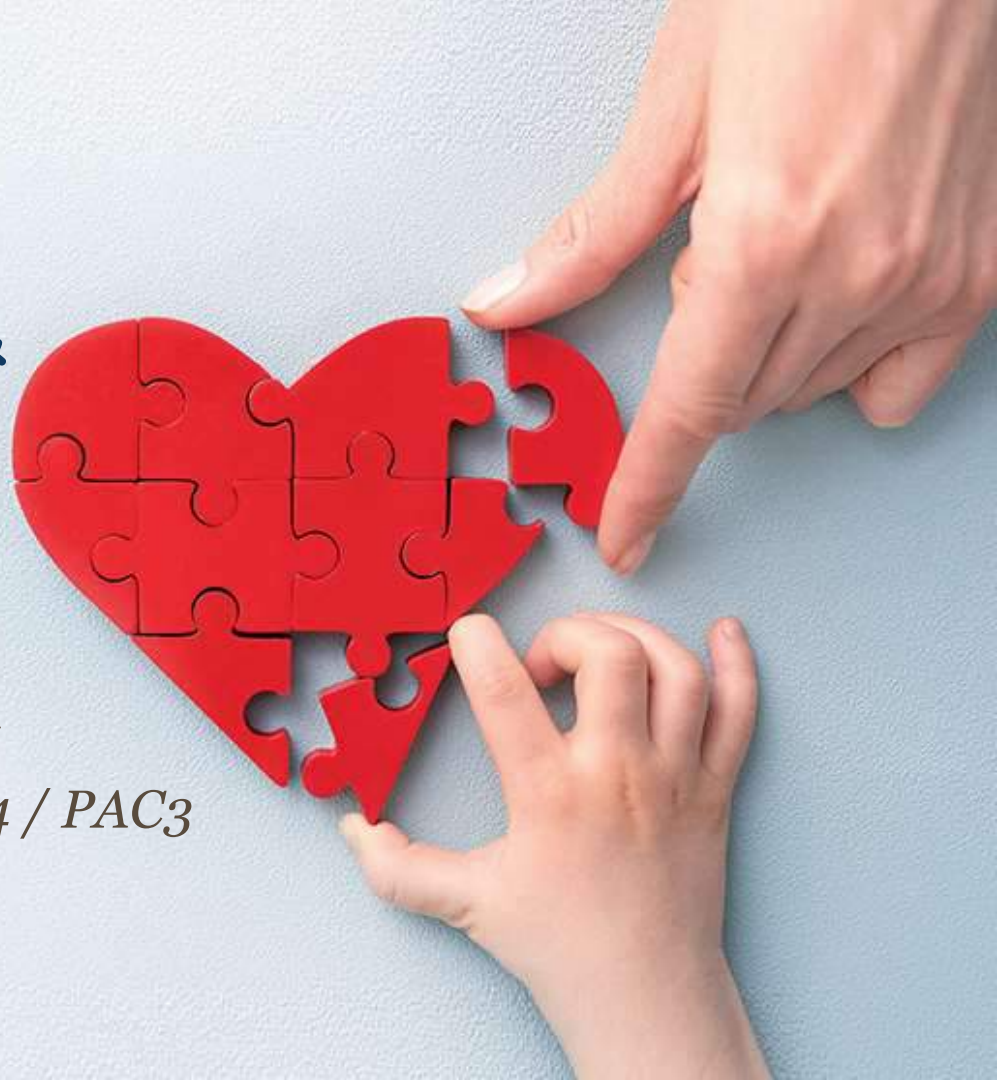


CARDIOLOGY 2024

A Case Study: What I Needed to Learn & Pearls of Wisdom

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Director of Nursing – CICU / CPCU
Heart Center Registry's – STS / PC4 / PAC3*

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A Case:

What I needed to Learn & Pearls of Wisdom to Share

Never Close The Door

Carmen Watrin, Texas Children's Hospital

DON'T CLOSE THE DOOR

- Eduarado Salas – Rice professor who is the Chair of Psychology.
- Influential lecture that was thought provoking more than 25 years ago
- Many career changes in a lifetime
- Very influential on my thoughts about career

BEFORE CONSIDERING THE DOOR – AN ASSESSMENT

Assess the role:

1. Do I need more education
2. How soon will there be an opportunity
3. Can I fulfill the needs
4. What do I need to start doing now



WHAT DO THESE THREE PEOPLE HAVE IN COMMON?



CASE STUDY

- From GN to Director
- Moved From Canada
- Started at very large very busy Adult Cardiac Care Unit
- Moved to Texas Childrens Hospital as a staff nurse – started Master's Degree - Educator
- Advancing the Cardiac Program at Texas Children's with new surgical team Nurse Clinician - leadership
- Fetal Center - Registry's – STS - leadership
- Director of Nursing – Heart Center – grown from 30 bed C ICU to 54 and CPCU is now 48

NEVER CLOSE THE DOOR

- Be courageous
- Be thoughtful
- Listen and learn
- Build Relationships
- Mentor others



GREAT REFERENCES

- Kennedy, Leclerc, Campis; Human Centered Leadership in Healthcare; 2022: Morgan James Publishing