

# A Case Presentation:

## What I Needed to Learn and Pearls of Wisdom to Share

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Clinical Nurse Specialist Fellow

Cardiac Care Unit- CHOP



# Financial Disclosures

None

# Case Presentation

Uneventful pregnancy & delivery

- No family history of Congenital Heart Disease
- Prenatal testing unremarkable

Day of Life 0

- Poor coloring, “ruddy”
- No PO intake
- Pulse oximetry- 80% on Room Air



# Case Presentation Cont.

## Surgical Course

- 3 days- BTT Shunt
- 8 months- Hemi-Fontan
- 22 months- Fontan Completion

## Diagnosis

- Pulmonary Atresia
- Ventricular Septal Defect
- L- Transposition of the Great Arteries
- Bilateral Superior Vena Cavas
- Dextrocardia

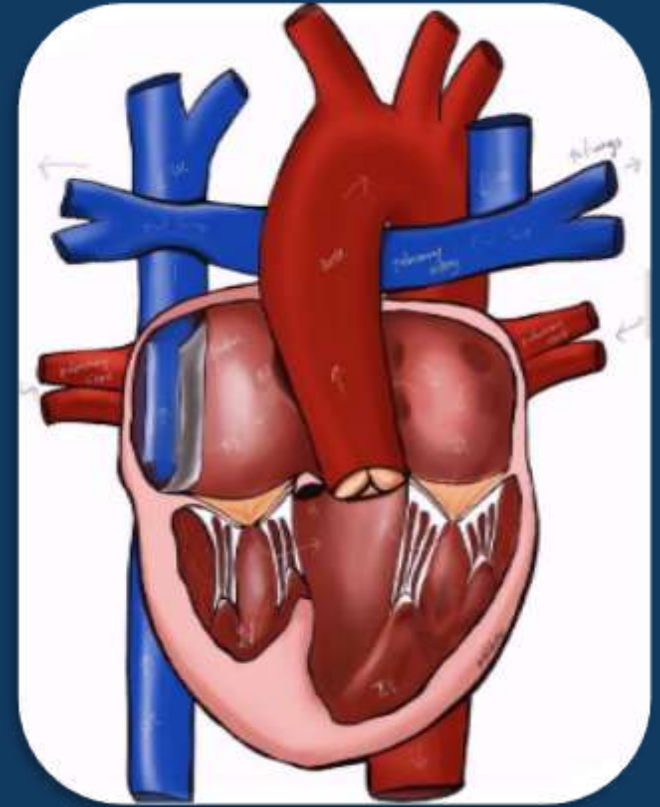


Image by: Yaeji Kim RN, @chd\_doodles



June 1996, post-op BTT Shunt



June 1996, post-op BTT Shunt



June 1996, post-op BTT Shunt



June 1996, pre-op



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### *Pearls from a Patient*

**Marissa Bremer MSN, RN, CV-BC**

*CHD Patient- Single Ventricle*

Clinical Nurse Specialist Fellow

Cardiac Care Unit- CHOP



“It was the only  
thing I ever knew”



April 1998, post-op  
Fontan Completion

“more moments of my  
life began to highlight  
how different I was from  
my peers.”

“Fighting for my place in the world while surrounded by my “heart healthy” peers became the *norm* for me.”





Pre-op Cholecystectomy



Halloween, 2007



BSN Graduation

First day at CHOP!



MSN Graduation

# “Advocacy is Key”



2023 Walk for 1 in 100



2020, Emergency Room

# “It’s Okay to be Afraid”

# "CHD Doesn't Define Me"





# **“The Little Things Matter”**

CARDIOLOGY  
♥2024





**Join the Team**

**We Are In**

**This Game**

**To WIN!**

**DEBORAH**  
Heart and Lung Center  
*"where healing comes from the heart"*

New York City Region  
 32 W 4th Street  
 New York, NY 10012-1045  
 (212) 696-1000  
 New Jersey Region  
 123 Township Blvd  
 Morristown, NJ 07960-0419  
 (908) 885-1234  
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 Philadelphia, PA 19103  
 (215) 626-1000  
 Florida Region  
 10000 Medical Center Blvd  
 115 North Florida Ave  
 Jacksonville, Florida 32202-1000  
 (904) 457-1000



CARDIOLOGY  
2024

1998, Hospital  
Foundation Advertisement

2019- Picture for Hospital  
Foundation Newsletter







June 1996, post-op BTT Shunt



1996- Sarah, RN



2019, Elaine, former RN

“I want to be remembered for something meaningful.”

“The little things matter, and  
the parents, and even  
patients, may remember it  
for the rest of their life.”



# **“The Little Things Matter”**

CARDIOLOGY  
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“I made a  
sock puppet  
with a  
teenager, and  
it changed  
their life.  
I think it  
changed  
mine, too.”

CARDIOLOGY  
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Sweet Pea the sock puppet



Sweet Pea the cat







# **“The Little Things Matter”**

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